



Dear Brothers & Sisters

Secular Franciscan Order
Palatine, Illinois

We gather at **7:30 p.m** on the
second Monday of each
month at:

St. Joseph's Home
80 W. Northwest Hwy.
Palatine, IL

Council Members

Minister
Stephanie Heavey, OFS
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**Newsletter submissions welcomed
by 25th of each month.** Send to:
minister@nwfranciscans.org

For privacy, all personal addresses,
phone numbers, email, prayer
intentions, and (*for non-council
members*) last names are removed
from this web version.

Ever mindful that our dearly departed Brother Patrick had always “done what was his to do” as had our Father Francis and that it was now time for us to do what is ours, we gathered in July to remember our brother by continuing to live out our vocations in fraternity. There was a lively discussion of Section 3 in *The Holy Year of Mercy*, followed by the Liturgy of the Hours.

Thank you to our Brother Marc, who led us in the Liturgy of the Hours and to Sisters Sue and Jackie, and Brother Tim, for leading us in song and introducing the fraternity to the lovely hymn *Holy, Virgin Mary* whose lyrics were composed by our Father Francis himself. ☒

Our Monthly Gathering...

All professed will gather for formation on **Monday, August 14th** at 6:30 pm. Please read and reflect on Session 4 of *The Holy Year of Mercy*, including *Understanding! Grow! Reflect! Act.* All will gather in the Chapel for a Communion Service followed by the Rite of Admission for Gail, and the Rite of Installation for our Spiritual Assistant, Brother Jerry. Brother Marc Sheckells, OFM, the Regional Spiritual Assistant, will preside. There will be a short business meeting and social time in the ice cream parlor. It is important to notify the minister if you are not able to attend a fraternity meeting. ☒

Mother Cabrini Celebration in November

This year it is the responsibility of our fraternity together with St. Maximilian Kolbe and St. Junipero Serra fraternities to host the **Mother Cabrini Feast Day Celebration on Sunday, November 12th.** **Mark your calendars now to attend this regional gathering.** Since we are hosting, it is important that **all members** attend and help. More details will follow in September. Venue has always been the biggest hurdle. One of the last things that our Brother Patrick did was to secure the space at Mayslake for us before his trip to Pennsylvania. Thank you, dear Brother! ☒

Anniversaries

There are no specific anniversaries to celebrate this month.

Let us all offer thanksgiving to our Good God for the grace of vocation He has given to all of us.

Day of Recollection in September

Saturday, September 9, 2017, is our fraternity Day of Recollection which takes the place of the monthly meeting. **All** fraternity members are required to attend. And all fraternity members need to be in Halpin Hall at St. Colette’s at **8 am.** to help with set up of tables and chairs, sign in table, hospitality tables, food. The entire fraternity hosts this gathering which is open to the entire region. At the August meeting there will be a signup sheet for the items needed for lunch. We need members to sign up to bring **one dish/item that serves 6-8** from the following.

- 3 Appetizers: cheese & crackers, veggies, etc.
- 3 Salads: Caesar, pasta, potato, cole slaw, etc.
- 6** Entrees: fried chicken, chili, lasagna, etc.
- 3 Desserts: brownies, cookies, fruit platter, etc.

We will also need members to greet guests as they arrive and direct them to the sign in table, restrooms, etc. and help with sign-up. ☒

Directory Address Change:

Please make the following address change to your directory:

[PRIVATE]

Orientations for Living

Almost 50 years ago, the excerpt below was printed in our fraternity’s newsletter of August 1968. Time and place does not change truth.

The following material is but 6 excerpts or orientations from 45 prepared by the officers of the national committee of the Fraternity of St. Francis (Third Order), Paris, France. They are not only for the actual members of the Fraternity of St. Francis but also persons who inquire or have a desire to know what the spirit of the Fraternity is, how the fraternity lives, and how one enters it. These orientations are direction finders; they point out the road. May they help you to walk your piece today and continue on tomorrow; a little farther along each day on the Gospel route.

1. Like Francis we wish to make the Gospel the fountainhead of our life, to which we return frequently, not only occasionally and in the beginning but often throughout our life because we know there is always more to learn and more to make part of our life.

8. The Father extends his invitation in the concrete situation in which we are. Everyone is in some state of life: marriage, vowed celibacy, the single state or widowhood. Everyone pursues some occupation, indulges in some recreation, belongs in some group. Everyone is involved in certain relationships—familial, social, professional, cultural, religious; in economic, political, national and international circumstances. Everyone assumes certain responsibilities in these various relationships. It is precisely here in our daily living that the influence of the Gospel must be felt.

11. Every man is a gift from God. It is our intent to recognize and treat all as brothers. We will accept everyone without regard for race, class, milieu, wealth, ideology, culture, religion or morality. We reject the attitude that sits in judgment of others. We will strive to break through the barriers that separate men.

20. The suffering of Calvary leads to the victory of the Resurrection. In all our difficulties failures, trials, deceptions and sickness we will

live in the hope and joy of the resurrected Christ. We will learn to bear today's troubles today. Tomorrow we will bear tomorrow's troubles. We will also bring to our brothers in trial and distress the comfort and support of our discrete fraternal presence.

30. We will not seek to dominate men nor enslave them. We will avoid in our innermost being any feeling of superiority. Poor in the presence of all, we will assume the posture of a servant according to the example of the Lord. Seeing the good in everyone and recognizing it as a sign of the presence and action of God, we will like Francis marvel at it. Everyone in his own way reveals some aspect of the beauty and goodness of God. Humbly we will look for it and respond to it. With and through our fellowman we will render thanks to the Father.

40. The pride of man, injustices of all kinds, rivalry and hate engender conflicts which endanger peace. Francis had been the witness of such conflicts. Even though he was not personally responsible for starting the conflicts, nevertheless he was greatly concerned and did not hesitate to act as a go-between to reconcile men and re-establish peace. Our task is to continue this mission of reconciliation and peace. We will search for solutions of the conflicts we witness. We will declare against war in all its forms and will do everything we can to help men live in peace. ☒

Common Fund – June 2017

Beginning balance	\$2,706.26
Deposits	\$120
Expenses	\$250
Balance	\$2,576.06

Remember in Your Prayers

PAPAL INTENTIONS FOR AUGUST

Artists.

That artists of our time, through their ingenuity, may help everyone discover the beauty of creation.

[PRIVATE]

For the health concerns of our dear **shut-in sisters.**

For all **deceased** fraternity members.

For all **those in initial formation** and their formation instructors.

For our entire **Franciscan Family, 1st, 2nd, and 3rd (Secular and Regular) Orders:** For strength in commitments and increase in vocations.

For the **work we do as fraternity**, especially for **Franciscan Outreach, Franciscan Missionary Union, the Poor Clares** in Palos Park, and **Amazon Relief.**

For the **Guests of Franciscan Outreach's Soup Kitchen:** That they know God's loving care and overcome the difficulties that keep them homeless.

For the **Little Sisters of the Poor** and the residents of St. Joseph's Home.

For our **families and loved ones.**

Please pray that our fraternity and all Franciscans:

Live the Holy Rule we've professed.

Bring the Gospel to Life, and Life to the Gospel in the spirit of Francis.

Live simply so that others can simply live.

Are active in Franciscan apostolates.

Our Apostolates

Bringing the Gospel to Life, and Life to the Gospel in the spirit of St. Francis

BINGO. Meets one night per month at 6:30 pm in St. Joseph's activity room. Please pick one month in which to volunteer. Contact Sisters Kay or Mary to sign up.

FRANCISCAN OUTREACH. Donations are accepted year round in the Christmas stocking at each monthly gathering. 100 Gift Bags are made up in November for the guests at the Franciscan Outreach soup kitchen in Chicago. Contact Sister Stephanie for more information.

PRAYER & PRAISE MINISTRY. For our brothers and sisters unable to participate in our monthly gatherings due to poor health or transportation issues. For more information, or if you are ill or know of a member who is ill, please call our infirmarian, Sister Jackie.

PRAYER SHAWL MINISTRY. We inter-weave prayers along with God's love, care, and warmth into the stitches as we knit or crochet shawls for others. For more information, contact Sisters Sue or Cyndy.

SUPPORT (Money, Materials). Quarterly donations are taken from any excess funds that are available in our Common Fund *after* all the fraternity obligations are met. The donations are given to: Franciscan Missionary Union, Franciscan Outreach, Poor Clares (Palos Park, IL) and Amazon Relief.

YOUTH PRAYER PARTNERS. Coordinated by Brother Tom, this apostolate matches up fraternity members with young people who are preparing for First Communion or Confirmation. For more information, please call Brother Tom.

2017 Calendar

Unless otherwise noted, all events are at St. Joseph's Home.

January

~~09: Monthly Gathering (Communion Service)~~
~~23: Council Meeting, Stephanie's home~~

February

~~13: Monthly Gathering (Liturgy of the Hours)~~

March

~~13: Monthly Gathering (Stations of the Cross)~~
~~27: Council Meeting, Stephanie's home~~

April

~~10: Monthly Gathering (Communion Service)~~
~~17: Council Meeting Stephanie's home~~

May

~~08: Monthly Gathering (Franciscan Crown)~~
~~22: Council Meeting, Stephanie's home~~

June

~~12: Profession Mass (Kathy and Faith)~~

July

~~10: Monthly Gathering (Liturgy of the Hours)~~
~~24: Council Meeting, Stephanie's home~~

August

14: Monthly Gathering (Communion Service)

September

09: (*Saturday*) Fraternity Day of Recollection, St. Colette's *replaces reg. fraternity mtg.*
25: Council Meeting, Stephanie's home

October

03: Transitus of our Holy Father Francis
replaces regular fraternity meeting

November

13: Monthly Gathering (Mass – with Rite of Remembrance)
19: (*Sunday*) Franciscan Outreach Project, Stephanie's home
19: Council Meeting, Stephanie's home, (following Outreach gathering)

December

11: Profession Mass (Fr. Dennis)

In Memoriam



Meekness is decisiveness gentled by love. *J. Patrick Mendés, OFS*

Words Brother Patrick lived to the fullest:

“When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, “I used everything you gave me.”

Erma Bombeck

The biography below, used when Brother Patrick was elected Minister of the National Fraternity of the Secular Franciscan Order in 2006, affirms his achievement of that goal.

(Patrick) Mendés, professed in 1961, has been regional minister for the Chicago-area Mother Cabrini Region. He recently retired as parish coordinator of ministries at St. Colette Parish in Rolling Meadows, IL, and he is vice president of the board of directors for two Franciscan retirement communities, Mayslake Village in Oakbrook and Cedar Lake Village in Plainfield, IL. He formerly was a university professor and chief nursing officer/vice president for professional services of a multi-facility healthcare system. He holds master’s degrees in nursing and education, a C.A.S. in gerontology, and a doctorate in adult education. He is credentialed in ministry with mandate from the Archdiocese of Chicago/University of St. Mary of the Lake. He served on the Archdiocesan Pastoral Council, is involved in ministries of care and bereavement, and is a Eucharistic minister. He has been active in and has held leadership positions in several professional associations.

As if that weren't enough, Brother Tom Sharapata, OFS, our historian, shared the following:

- (1) Patrick was born in Ireland within blocks of the Shrine of Our Lady of Knock.
- (2) Patrick was formed in his Third Order vocation in Chicago at St. Peter's Church in downtown Chicago, and was formed well.
- (3) Patrick had a sister who was Professed as a Poor Clare in the Colettine Order and has passed away within the past several years.
- (4) Patrick was a medic in the US Air Force in Vietnam.
- (5) I was informed by our Sister Connie Wilson, OFS, that while she was director of Ministry of Care at St. Colette's Parish in Rolling Meadows, IL, Patrick served under her as a Minister of Care, and that he also served as a Bereavement Minister when called upon. Connie also said he may have later served as the Director of Bereavement Ministry.
- (6) Patrick was a collector of Waterford Crystal of a certain color glass which he was proud of and I just recently learned that he was a good cook.
- (7) Patrick was highly respected by Franciscan religious wherever he travelled.
- (8) Patrick was instrumental in the planning and success of the 2012 Quinquennial in Chicago.
- (9) Patrick took time to relax and enjoyed watching his favorite football team, The Green Bay Packers in the fall.

Brother Tom also related that "one of the kind things that Patrick did for me was giving me a new sterling silver Tau Cross when he noticed that my present cross was tarnishing and worn."



Sister Sue Gribbon, OFS, shared the following:

"Soon after my SFO profession I lost my habit. I wore my habit all the time, so needless-to-say....I missed it. Being Christmas, my spouse went to Marytown to buy me my Christmas giftwhich was a gold habit (not my pewter one)...and so I wore this gift from my husband to our next fraternity meeting. Where Patrick quickly pointed out that only those professed 50 yrs. get to wear the gold habit...and that he would soon be receiving his at his 50th anniversary. I explained that mine was a gift from John....and he just laughed and said I had cut to the front of the line. Patrick loved my John.....so all was forgiven."



After reading the above, it is no wonder that most of us share a similar circumstance. When we first met Brother Patrick we were in awe of him and perhaps a bit timid in his presence, so it is difficult for us to come up with specific stories regarding him. Perhaps that is not surprising because to most of us he was larger than life. And being larger than life his spirit permeated everything. We *felt* the presence of Patrick in our midst, knowledgeable, gently but firmly leading, compassionate, humorous.

This newbie to the OFS was no exception. When she first came into fraternity, Brother Patrick had just been elected National Minister one month earlier, so she heard of him but rarely saw him. When he became Spiritual Assistant to the fraternity, she observed his seemingly limitless knowledge of everything Franciscan and Catholic.

After convincing the current minister to run for the office because “it was a piece of cake” and he would help, Brother Patrick soon learned at the first council meeting just how much help he was going to have to give. He was called upon to give advice and answer questions that ranged from the ridiculous to the sublime on everything from the General Constitutions to Robert’s Rules for conducting meetings. Even when his slightly raised eyebrow signaled “that’s a dumb question”, unfailingly he answered each and every one with great patience and humility. And became the recipient of this minister’s admiration and love.



When through one man a little more love and goodness, a little more light and truth come into the world --then that man’s life has had meaning. Alfred Delp, S.J.

Through the lens of the above saying, our Brother Patrick’s life has had so much meaning that to record it all would take volumes.



Sister Mimi Ferlita, OFS, wrote:

“I have a recipe Patrick gave me. He made it for one of our day retreats. I loved it and asked him for the recipe. He said it was his favorite Family recipe that was carried down from his Aunt, that he made often. Please add this to the album.” (see page 4)



It is no secret that every Franciscan gathering and meeting is highlighted by fellowship and FOOD. Brother Patrick was no slouch when it came to bringing delectable goodies to share with his brothers and sisters. So it seems fitting that a recipe should serve (pun intended) as the close of this remembrance.

Brother Patrick himself was the recipe for how to live as a secular Franciscan and as a man deeply in love with his Lord and determined to follow Him as perfectly as he could. Let’s follow that recipe to the letter.



GRANDMA O'MALLEY'S CHICKEN AND NOODLES RECIPE

Patrick: Mom gave me this recipe which she got from Grandma. It is the one we all remember from when we were kids. Enjoy! Brianne

Ingredients:

3 chicken breasts (skin on and bone in)
salt
2 cups egg noodles (like Kluski)
 $\frac{3}{4}$ cup butter or margarine
 $\frac{1}{2}$ cup flour
1 Tbsp. chopped onions
 $\frac{1}{2}$ cup chopped celery
8 oz. sliced mushrooms
1 cup milk
2 $\frac{1}{4}$ cups low sodium chicken broth
 $\frac{1}{2}$ tsp. sage
1 tsp. celery salt
about 2 cups fine bread crumbs *

Directions:

Preheat oven to 350°. Butter a 12 x 14 baking dish
Simmer chicken in lightly salted water until cooked through. Drain.
When cool enough to handle, remove meat from skin and bones and chop or shred ** Discard skin and bones.
Cook noodles in a large pot of boiling salted water until tender. Drain.

In a Dutch oven, melt $\frac{1}{2}$ cup butter or margarine over medium-high heat. Add onion and celery. Sauté until soft but NOT brown. Stir in flour. Cook until bubbling. Gradually stir in milk and broth. Stir until thickened.

Add mushrooms, spices and chicken. Stir in noodles. Pour mixture into prepared dish.

Melt remaining $\frac{1}{4}$ cup of butter. Toss with bread crumbs. Spread evenly over chicken mixture. Cover with foil and bake 50 minutes. Remove foil and bake 10 minutes longer.

* I used Pepperidge farm stuffing mix instead of bread crumbs and crushed it to make 2 cups. Jack and the kids thought it was great. Give it a try.

** I chopped the chicken. I think it looks better.

